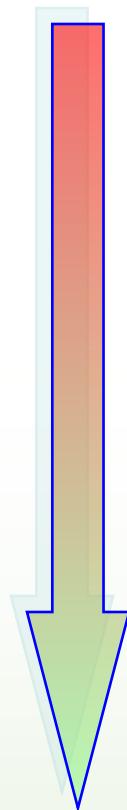




# Six Stages of Disease



- ① Accumulation
- ② Aggravation
- ③ Dissemination
- ④ Localization
- ⑤ Manifestation
- ⑥ Disruption



# Treatment Modalities

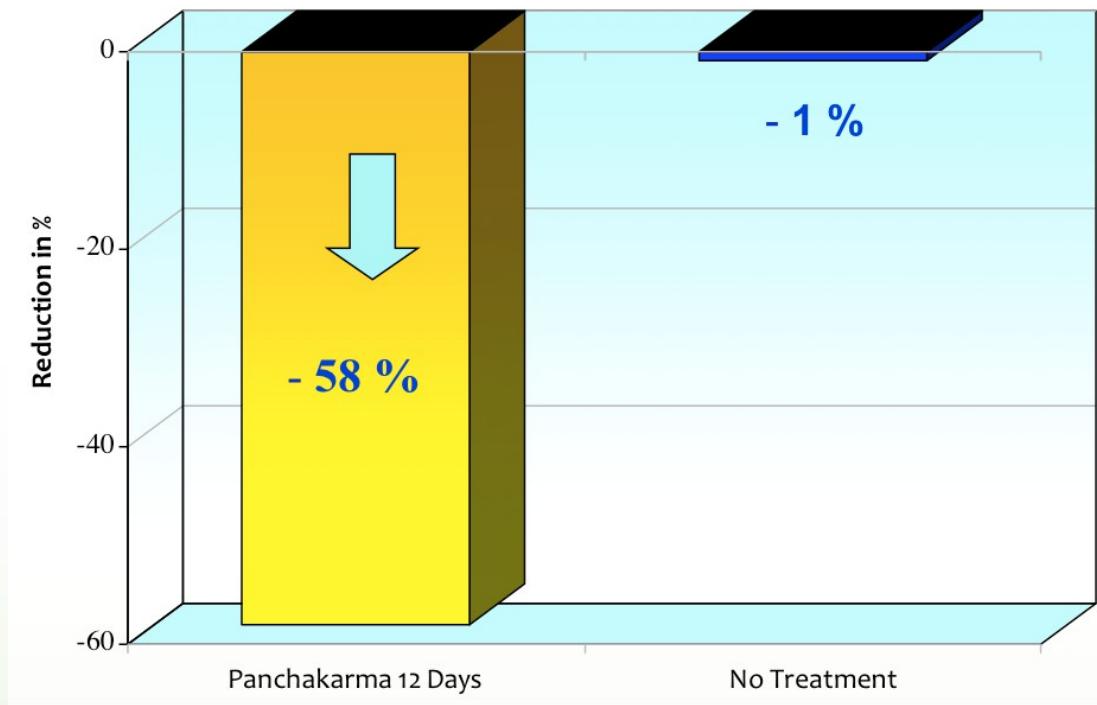
- Transcendental Meditation (TM) and Advanced Techniques of TM
- Pulse diagnosis
- Maharishi Vedic Vibration Technology and Vedic Sound
- Herbal medicines
- Diet
- Daily routine
- Pancha Karma
- Yoga Asanas and Pranayama
- Maharishi Light Therapy with Gems
- Maharishi Aroma Therapy
- Jyotish and Yagya
- Sthapatya Veda
- Gandharva Veda
- Maharishi Vedic Organic Food
- Collective Health through group dynamics of consciousness





# Elimination of Environmental Toxins

with the Maharishi Ayurveda Panchakarma Treatment Program



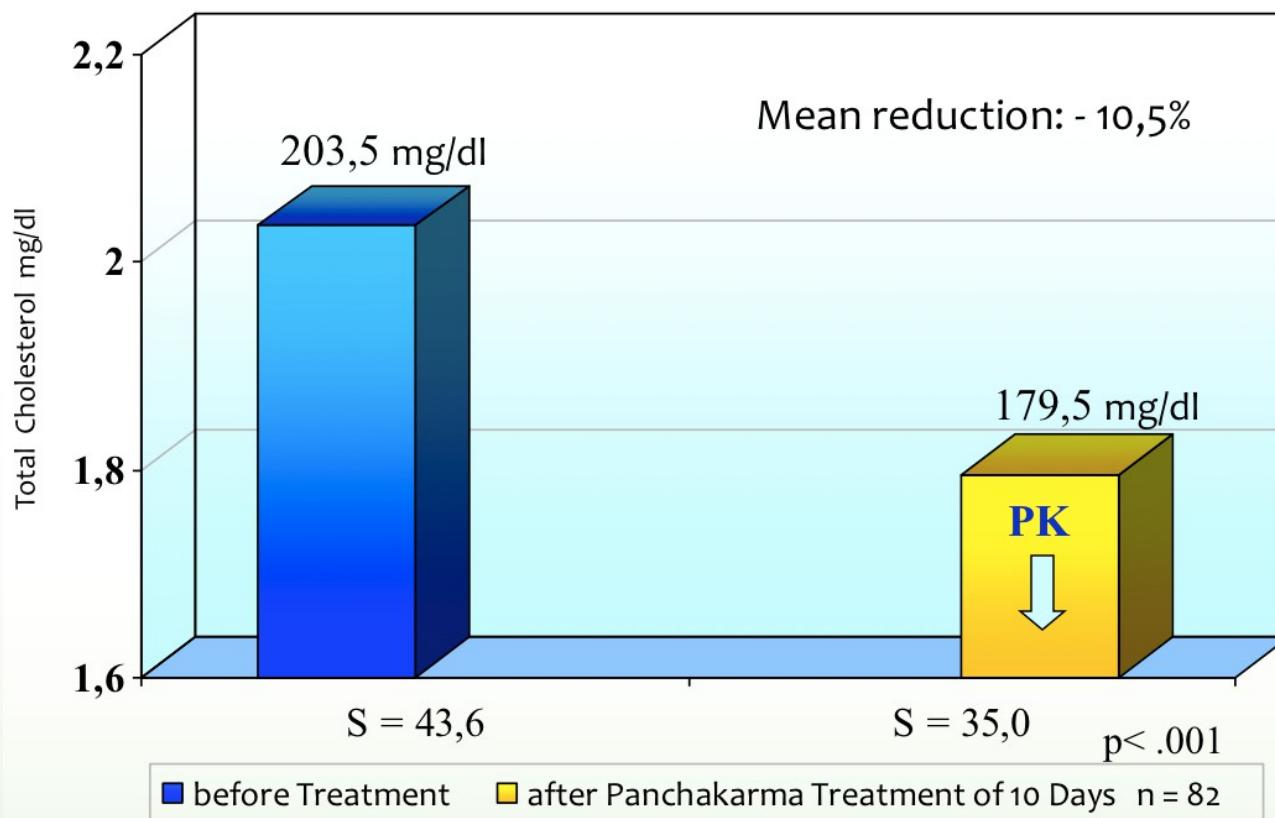
Mean Reduction of 10 different Environmental Toxins in the Blood

Reference: Robert E. Herron, PhD, and John B. Fagan, PhD: Lipophil-mediated Reduction of Toxicants in Humans: An Evaluation of an Ayurvedic Detoxification Procedure, Alternative Therapies, sept/oct 2002, Vol. 8, No. 5



# Decrease of Total Cholesterol

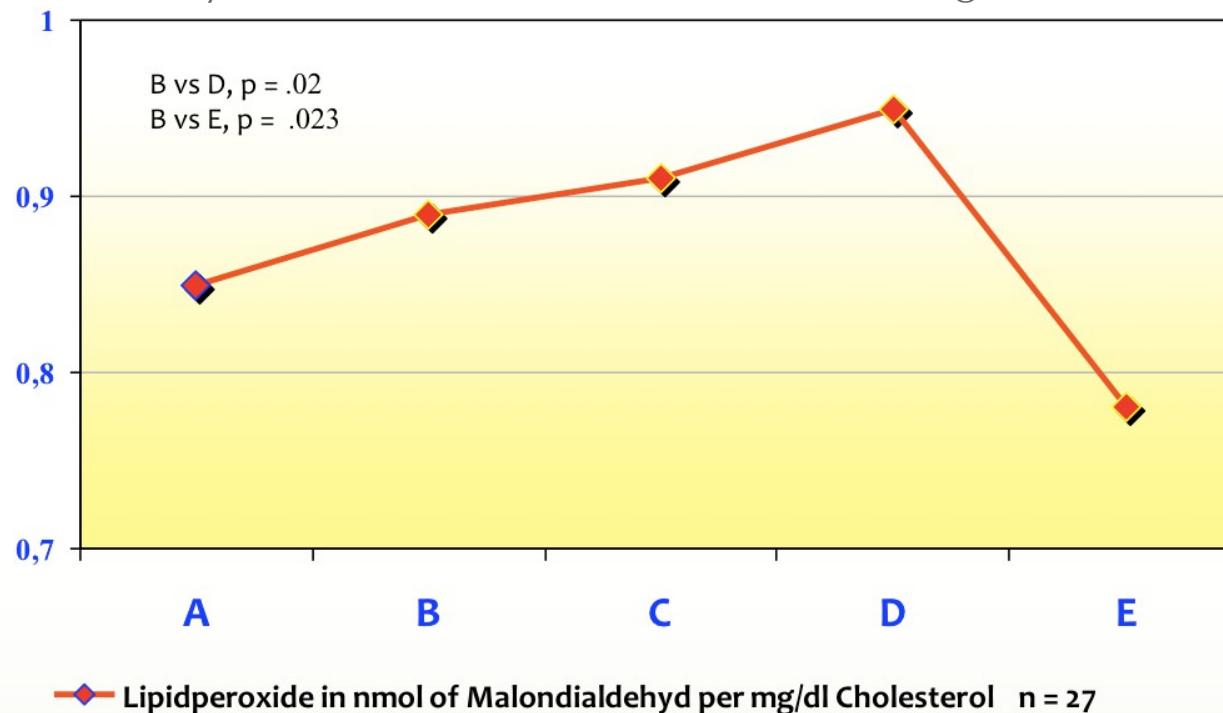
with the Maharishi Ayurveda Panchakarma Treatment Program



Referenz: (45) R. Waldschütz: The Influence of the Maharishi Ayur Veda Purification Program on physiologic and psychologic Health, Erfahrungsheilkunde Acta Medica Empirica, Vol. 11, pp. 720-729,1988



# Reduction of aggressive Oxygen-Radicals with the Maharishi Ayurveda Panchakarma Treatment Program



**A + B: before PK, C = 3 days after PK, D = 7 days after PK, E = 2,9 months after PK**

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Reference: H.M. Sharma et al.: Improvement in Cardiovascular Risk Factors Through Panchakarma Purification Procedures, The Journal of Research and Education in Indian Medicine, Vol. 12, No. 4, pp. 3-13, 1993